Be prepared. Know which students have asthma and where their medicine is kept.

If a student has asthma symptoms or complaints and needs your help, take these steps.

» Quickly evaluate the situation. Call 911 if the student is struggling to breathe, talk, stay awake, has blue lips, or asks for an ambulance.

» NEVER LEAVE A STUDENT ALONE.

» Stop the student’s activity.

» Help the student locate and take his/her prescribed quick-relief inhaler medicine.

» Contact the parent/guardian.

» Repeat quick-relief inhaler medicine in 20 minutes if student is still having trouble breathing.

Call 911 if any of the following occur:

» If the student is struggling to breathe, talk, stay awake, has blue lips, or asks for an ambulance.

» If the student doesn’t improve after two administrations of quick-relief medicine, and nurse/designee or parent/guardian is not available.

» If no quick-relief medicine is available, the student’s symptoms have not improved spontaneously, and nurse/designee or parent/guardian is not available.

» If you are unsure what to do.